

# OPTILOGG®



OPTILOGG® is a home-based eHealth-tool, designed to enhance heart failure patients' self-care behavior, thereby leading to increased quality of life, easier treatment and reduced health care costs.

OPTILOGG® consists of a specially designed tablet with proprietary software and a weight scale.

OPTILOGG® works through daily:

## Education

Interactive and empowering

## Titration of diuretics

Based on the health care provider's specific treatment plan for the patient in question

## Disease state monitoring

Decision support and coaching, to contact the health care provider at an earlier stage of a deterioration

## Patient engagement

The patient is empowered to assume control over the disease, while easing the burden on the health care system

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## OPTILOGG®:

- Designed for the elderly
  - World leading system compliance
  - Reduces health care burden
  - Reduces costs
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OPTILOGG® becomes the patient's coach, leading to higher adherence to prescribed treatment and instilling a sense of control in the patient.



# Tomorrow's health care today

OPTILOGG® is clinically validated in two randomized, controlled trials

- 28% improvement of self-care behavior <sup>1,2</sup>
- 34% higher quality of life <sup>1,2</sup>
- 29% reduction of in-hospital days <sup>2,3</sup>

OPTILOGG® is currently used by patients aged 44 to 95, in ten counties in Sweden and Finland, with a mean system compliance of 94%<sup>3</sup>



- 1) Hägglund et al., 2015, *Scand Card J*, "Patient-centred home-based management of heart failure", DOI:3109/141731.2015.1035319
- 2) Melin et al., 2014, *European Heart Journal (2014) 35 (Abstract Supplement)*, 838, "Patient Centered Management of Heart Failure - results of a randomized controlled study - the PACEMAN-HF study."
- 3) Hovland et al., 2016, *European Journal of Heart Failure (2016) 18 (Suppl. 1)*, p.55, P256, "PACEMAN-HF"

## Full service solution

### You prescribe it, we'll handle the rest!

As a customer you get access to our online portal, where you prescribe OPTILOGG® for your patient. CareLigo® contacts the patient, installs OPTILOGG® in the patient's home, and teaches the patient how to use the tool. CareLigo® handles all tech-support and maintenance.

### No investment, no early termination fees

OPTILOGG® is provided as a subscription, which means it is easy to both start and stop using OPTILOGG®.



**Get in touch!**

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